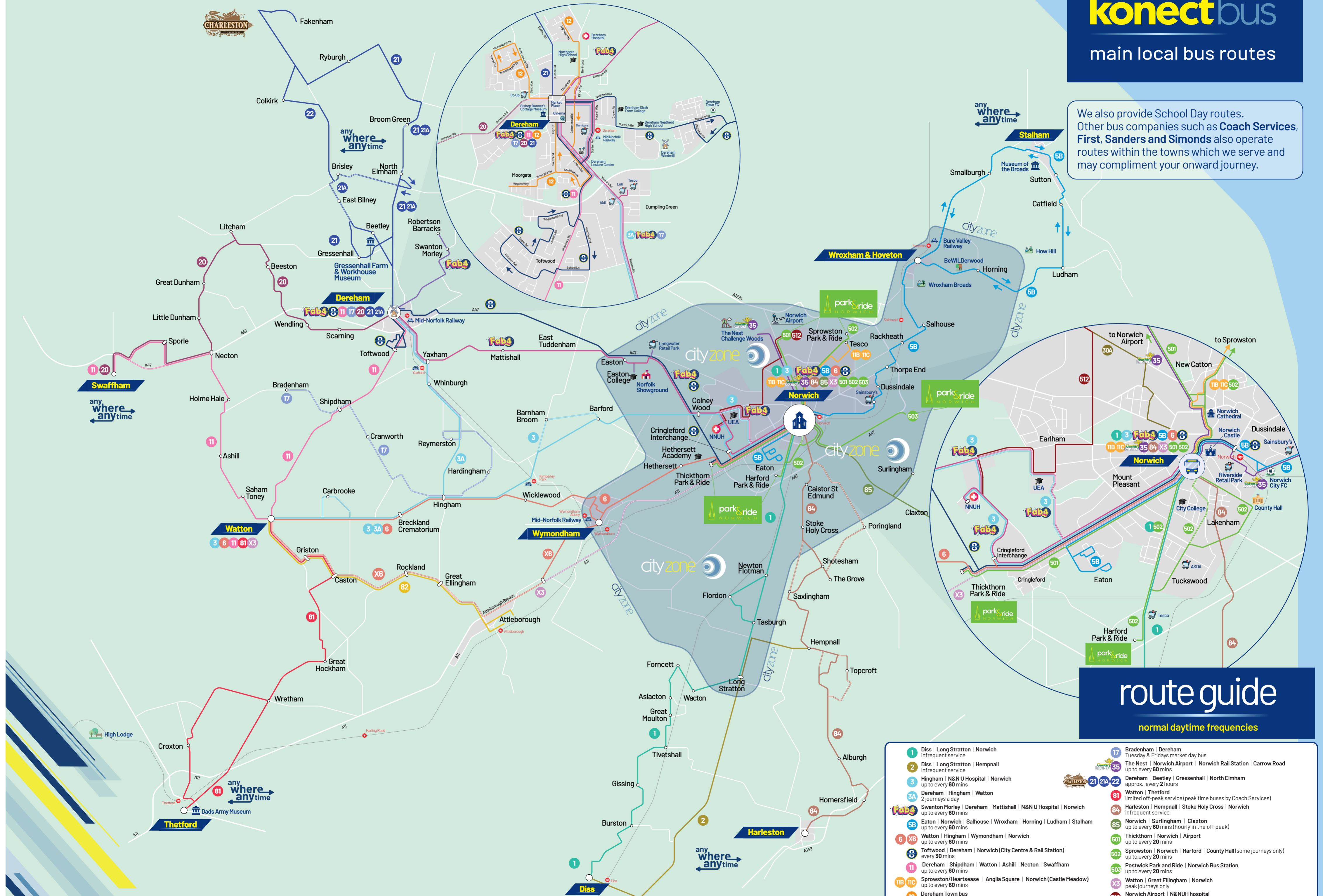


We also provide School Day routes. Other bus companies such as **Coach Services, First, Sanders and Simonds** also operate routes within the towns which we serve and may compliment your onward journey.



## route guide

normal daytime frequencies

- 1** Diss | Long Stratton | Norwich infrequent service
- 2** Diss | Long Stratton | Hempnall infrequent service
- 3** Hingham | N&N U Hospital | Norwich up to every 60 mins
- 3A** Dereham | Hingham | Watton 2 journeys a day
- Fab4** Swanton Morley | Dereham | Mattishall | N&N U Hospital | Norwich up to every 60 mins
- 5B** Eaton | Norwich | Salhouse | Wroxham | Horning | Ludham | Stalham up to every 60 mins
- 6** **X6** Watton | Hingham | Wymondham | Norwich up to every 60 mins
- 8** Toftwood | Dereham | Norwich (City Centre & Rail Station) every 30 mins
- 11** Dereham | Shipdham | Watton | Ashill | Necton | Swaffham up to every 60 mins
- 11B 11C** Sprowston/Heartsease | Anglia Square | Norwich (Castle Meadow) up to every 60 mins
- 12** Dereham Town bus up to every 60 mins
- 17** Bradenham | Dereham Tuesday & Fridays market day bus
- 35** The Nest | Norwich Airport | Norwich Rail Station | Carrow Road up to every 60 mins
- 21 21A 22** Dereham | Beetley | Gressenhall | North Elmham approx. every 2 hours
- 81** Watton | Thetford limited off-peak service (peak time buses by Coach Services)
- 84** Harleston | Hempnall | Stoke Holy Cross | Norwich infrequent service
- 85** Norwich | Surlingham | Claxton up to every 60 mins (hourly in the off peak)
- 501** Thickthorn | Norwich | Airport up to every 20 mins
- 502** Sprowston | Norwich | Harford | County Hall (some journeys only) up to every 20 mins
- 503** Postwick Park and Ride | Norwich Bus Station up to every 20 mins
- X3** Watton | Great Ellingham | Norwich peak journeys only
- 512** Norwich Airport | N&N U hospital up to every 60 mins